



COUPE DE LA JEUNESSE

Rules of competition

Code des courses

Version 2021

RULES OF COMPETITION

Race Organisation

1. **General Rule**

In principle, the Rules of Racing of World Rowing (FISA - Fédération Internationale des Sociétés d'Aviron) shall apply except in the following cases.

2. **Days of racing**

Racing will take place on the Friday evening, Saturday morning and afternoon, and during two separate race sessions on Sunday morning.

3. **Coupe progression system**

The Coupe progression system will determine the number of heats, the lane distribution and the seeding for the Sunday session.

3.1 **Coupe progression system (case 1: less than six entries)**

The following will take place if there are six or fewer entries.

Saturday final

Lanes will be drawn.

Medals and points will be awarded based on the race finishing position.

Sunday final

Lanes will be allocated on the results of the previous day's race, with the highest placed crews or scullers in the middle lanes.

Medals and points will be awarded based on the race finishing position.

3.2 **Coupe progression system (case 2: seven entries)**

The following will take place if there are seven entries.

Saturday morning session

There will be 2 preliminary heats, one of 4 crews or scullers and the other of 3 crews or scullers.

Lanes will be drawn.

Saturday finals

The first 3 crews or scullers in heat 1 and the first 2 crews or scullers in heat 2 will race in final A. The faster crew or sculler that was last placed in either heat 1 or heat 2 will also race in the Saturday final A. The slowest crew shall be eliminated.

The winners of each heat shall be placed in the middle lanes. Lanes will be allocated in line with the World Rowing draw method with the final crew drawn being on the spectators side of the course.

Medals and points will be awarded based on the race finishing position. The slowest crew from the heats will be ranked last.

Sunday morning session

The first, fourth and fifth crew or sculler from the Saturday final will race in the same heat on Sunday. The second and third placed crew from the Saturday final will race in the same heat on Sunday. The sixth and seventh placed crews from the Saturday finals will be drawn to take one outside lane in each of the two preliminary heats.

Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 3 crews or scullers in heat 1 and the first 2 crews or scullers in heat 2 will race in final A. The faster crew or sculler that was last placed in either heat 1 or heat 2 will also race in the Sunday final A. The slowest crew shall be eliminated. The winners of each heat shall be placed in the middle lanes. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. The slowest crew from the heats will be ranked last.

3.3 Coupe progression system (case 3: eight to twelve entries)

The following will take place if there are eight to twelve entries.

Saturday morning session

There will be 2 preliminary heats with equal number of crews or scullers. If there are an odd number of entrants, preliminary heat 1 will always contain the greater number of crews or scullers. Lanes will be drawn.

Saturday finals

The first 3 crews or scullers in each preliminary heat will race in final A. The remaining crews or scullers in each of the preliminary heats will race in final B.

The winners of each heat shall be placed in the middle lanes. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B.

Sunday morning session

The first, fourth, fifth, eighth, ninth and twelfth crew or sculler from the Saturday finals will race in the same heat on Sunday. The second, third, sixth, seventh, tenth and eleventh placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 3 crews or scullers in each preliminary heat will race in final A. The remaining crews or scullers in each of the preliminary heats will race in final B. The winners of each heat shall be placed in the middle lanes. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B.

3.4 Coupe progression system (case 4: 13 entries)

The following will take place if there are 13 entries.

Saturday morning session

There will be 3 preliminary heats with four or five crews or scullers. Lanes will be drawn.

Saturday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the slowest crew shall be eliminated, the other remaining crews qualify for the final B.

There will be no final C.

The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B. The eliminated crew will be ranked 13th.

Sunday morning session

Heat 1: The first, sixth, seventh, twelfth and thirteenth crew or sculler from the Saturday finals will race in the same heat on Sunday.

Heat 2: The second, fifth, eighth and eleventh placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Heat 3; The third, fourth, ninth and tenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the slowest crew shall be eliminated, the other remaining crews qualify for the final B.

There will be no final C.

The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B. The eliminated crew will be ranked 13th.

3.5 Coupe progression system (case 5: 14 or 15 entries)

The following will take place if there are 14 or 15 entries.

Saturday morning session

There will be 3 preliminary heats with four or five crews or scullers. Lanes will be drawn.

Saturday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the two or three slowest crews shall be racing in Final C, the other remaining crews qualify for the final B.

The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B or final C.

Sunday morning session

Heat 1: The first, sixth, seventh, twelfth and thirteenth crew or sculler from the Saturday finals will race in the same heat on Sunday.

Heat 2: The second, fifth, eighth, eleventh and fourteenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Heat 3; The third, fourth, ninth, tenth or fifteenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the two or three slowest crews shall be racing in final C, the other remaining crews qualify for the final B.

The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.

3.6 Coupe progression system (case 6: 16 entries)

The following will take place if there are 16 entries.

Saturday morning session

There will be 3 preliminary heats, first heat with 6 crews or scullers, second and third heat with five crews or scullers. Lanes will be drawn.

Saturday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the two or three slowest crews shall be racing in Final C, the other remaining crews qualify for the final B.

The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B or final C.

Sunday morning session

Heat 1: The first, sixth, seventh, twelfth, thirteenth and sixteenth crew or sculler from the Saturday finals will race in the same heat on Sunday.

Heat 2: The second, fifth, eighth, eleventh and fourteenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Heat 3; The third, fourth, ninth, tenth and fifteenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the two slowest crews shall be racing in final C, the other remaining crews qualify for the final B.

The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.

4. Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B or final C.

5. Race order

The events will be raced in the following order:

Friday afternoon (1 session):

Spare races

Saturday and Sunday (2 sessions):

Saturday: U19W8+, U19M4+, U19M4-, U19M2-, U19M1x, U19M2x, U19M4x, U19W1x, U19W2x, U19W4x, U19W2-, U19W4-, U19W4+, U19M8+

Sunday: U19W8+, U19M4+, U19M4-, U19M2-, U19M1x, U19M2x, U19M4x, U19W1x, U19W2x, U19W4x, U19W2-, U19W4-, U19W4+, U19M8+(+ Spare races)

6. Doubling up

The U19W8+ and U19M8+ can be made up of oarsmen who have already competed in any boat type.

7. Adverse weather conditions

In case of adverse weather conditions, the President of the Jury will make the appropriate decisions after having consulted the Executive Committee of the Coupe de la Jeunesse.

8. Spares races

There will be races for reserve oarsmen and oarswomen in pairs and singles on Friday, followed by the openings ceremony, and on Sunday. Mixed boat type races will be allowed. The handicap for each boat will be decided by the Executive Committee. A souvenir will be presented to the winners of the reserve oarsmen and oarswomen races on both days.

9. Points

Points will be awarded as follows:

PLACES	POINTS
1st	18
2nd	16
3rd	14
4th	13
5th	12
6th	11
7th	10
8th	9
9th	8
10th	7
11th	6
12th	5
13th	4
14th	3
15th	2
16th	1

All points will count towards the final total and overall competition. The country with the most points after two days of racing will be announced the winner of the Coupe trophy.

10. **Exclusion**

Any crew excluded in an event on any one day will be awarded zero points on that day.

11. **Prizes**

Medals will be presented to the first three in each class of boat on both days.

12. **Medal Ceremonies**

During each medal presentation ceremony, on each day of competition of the Coupe de la Jeunesse, the national anthem of the winning crew will be played and the national flags of all three medal winning crews will be raised.

The rules of competition have been accepted by the Extraordinary Delegate Assembly held on 28 February 2009 in Vichy. They were altered by the Delegate Assembly held on 1 August 2009 in Vichy (Art. 14), the Quadrennial Delegate Assembly held on 25 February 2017 in Mechelen (Art. 2, 3.4, 3.5, 4, 5, 6, 7, 8, 11), by the Extraordinary Delegate Assembly held on 24 February 2018 in Cork (Art. 10), by the Extraordinary Delegate Assembly held on 15 February 2020 in Linz (Art. 10, 3.5, 3.6) and by the Quadrennial Delegate Assembly on 20 February 2021 online (art. 1, 2, 5, 6, 7 (scratched), 9)

Quadrennial Delegate Assembly online, 20 February 2021

COUPE DE LA JEUNESSE

sign. **Gary Harris**
President

sign. **Gwenda Stevens**
Secretary-General

Appendix: Progression system

Case 1: less than six entries

Saturday finals		
lane	Crew	
1	Random draw	1.-6. -> FA Sunday
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	
6	Random draw	

Sunday finals (Option I)		
lane	Crew	
1	5. FA Saturday	
2	3. FA Saturday	
3	1. FA Saturday	
4	2. FA Saturday	
5	4. FA Saturday	
6	6. FA Saturday	

Sunday finals (Option II)		
lane	Crew	
1	6. FA Saturday	
2	4. FA Saturday	
3	2. FA Saturday	
4	1. FA Saturday	
5	3. FA Saturday	
6	5. FA Saturday	

Case 2: seven entries

Saturday preliminary heat 1 (H1)		
lane	Crew	
1	Random draw	1.-3. → FA Saturday plus fastest time of 4. H1 or 3. H2
2	Random draw	
3	Random draw	
4	Random draw	
5		
6		

Saturday preliminary heat 2 (H2)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday plus fastest time of 4. H1 or 3. H2
2	Random draw	
3	Random draw	
4		
5		
6		

Saturday and Sunday finals (Option I)		
lane	Crew	
1	3. H1	
2	2. H2	
3	1. H1	
4	1. H2	
5	2. H1	
6	lucky loser	

Saturday and Sunday finals (Option II)		
lane	Crew	
1	lucky loser	
2	2. H1	
3	1. H2	
4	1. H1	
5	2. H2	
6	3. H1	

Sunday preliminary heat 1 (H1)		
lane	Crew	
1	Random draw	1.-3. → FA Saturday plus fastest time of 4. H1 or 3. H2
2	5. FA Saturday	
3	1. FA Saturday	
4	4. FA Saturday	
5		
6		

Sunday preliminary heat 2 (H2)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday plus fastest time of 4. H1 or 3. H2
2	2. FA Saturday	
3	3. FA Saturday	
4		
5		
6		

Case 3: eight to twelve entries

Saturday preliminary heat 1 (H1)		
lane	Crew	
1	Random draw	1.-3. → FA Saturday 4.. → FB Saturday
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	
6	Random draw	

Saturday preliminary heat 2 (H2)		
lane	Crew	
1	Random draw	1.-3. → FA Saturday 4.. → FB Saturday
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	
6	Random draw	

Saturday and Sunday finals (Option I)		
lane	Final A	Final B
1	3. H1	6. H1
2	2. H2	5. H2
3	1. H1	4. H1
4	1. H2	4. H2
5	2. H1	5. H1
6	3. H2	6. H2

Saturday and Sunday finals (Option II)		
lane	Final A	Final B
1	3. H1	6. H1
2	2. H1	5. H1
3	1. H2	4. H2
4	1. H1	4. H1
5	2. H2	5. H2
6	3. H2	6. H2

Sunday preliminary heat 1 (H1)		
lane	Crew	
1	9. Saturday	1.-3. → FA Sunday 4.. → FB Sunday
2	5. Saturday	
3	1. Saturday	
4	4. Saturday	
5	8. Saturday	
6	12. Saturday	

Sunday preliminary heat 2 (H2)		
lane	Crew	
1	10. Saturday	1.-3. → FA Sunday 4.. → FB Sunday
2	6. Saturday	
3	2. Saturday	
4	3. Saturday	
5	7. Saturday	
6	11. Saturday	

Case 4: 13 entries

Saturday preliminary heat 1 (H1)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4.. → FB Saturday or eliminated
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	

Saturday preliminary heat 2 (H2)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4. → FB Saturday or eliminated
2	Random draw	
3	Random draw	
4	Random draw	

Saturday preliminary heat 1 (H3)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4. → FB Saturday or eliminated
2	Random draw	
3	Random draw	
4	Random draw	

Saturday and Sunday finals (Option I)		
lane	Final A	Final B
1	2. H1	Lucky loser 1
2	2. H2	Lucky loser 2
3	1. H1	3. H1
4	1. H3	3. H3
5	1. H2	3. H2
6	2. H3	Lucky loser 3

Saturday and Sunday finals (Option II)		
lane	Final A	Final B
1	2. H3	Lucky loser 3
2	2. H1	Lucky loser 2
3	1. H3	3. H3
4	1. H2	3. H2
5	1. H1	3. H1
6	2. H2	Lucky loser 1

Sunday preliminary heat 1 (H1)		
lane	Crew	
1	13. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4.. → FB Sunday or eliminated
2	7. Saturday	
3	1. Saturday	
4	6. Saturday	
5	12. Saturday	
6		

Sunday preliminary heat 2 (H2)		
lane	Crew	
1	14. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4.. → FB Sunday or eliminated
2	8. Saturday	
3	2. Saturday	
4	5. Saturday	
5	11. Saturday	
6		

Sunday preliminary heat 1 (H3)		
lane	Crew	
1	9. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4.. → FB Sunday or eliminated
2	3. Saturday	
3	4. Saturday	
4	10. Saturday	

Case 5: 14 or 15 entries

Saturday preliminary heat 1 (H1)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4.. → FB Saturday or FC
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	

Saturday preliminary heat 2 (H2)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4.. → FB Saturday or FC
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	

Saturday preliminary heat 1 (H3)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4.. → FB Saturday or FC
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	

Saturday and Sunday finals (Option I)			
Lane	Final A	Final B	Final C
1	2. H1	Lucky looser 1	Slowest time H1, H2 or H3
2	2. H2	Lucky looser 2	2 nd slowest time H1, H2 or H3
3	1. H1	3. H1	
4	1. H3	3. H3	
5	1. H2	3. H2	
6	2. H3	Lucky looser 3	

Saturday and Sunday finals (Option II)			
Lane	Final A	Final B	Final C
1	2. H3	Lucky looser 3	2 nd slowest time H1, H2 or H3
2	2. H1	Lucky looser 2	3 rd slowest time H1, H2, H3
3	1. H3	3. H3	Slowest time H1, H2 or H3
4	1. H2	3. H2	
5	1. H1	3. H1	
6	2. H2	Lucky looser 1	

Sunday preliminary heat 1 (H1)		
lane	Crew	
1	13. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4.. → FB Sunday or FC
2	7. Saturday	
3	1. Saturday	
4	6. Saturday	
5	12. Saturday	
6		

Sunday preliminary heat 2 (H2)		
lane	Crew	
1	14. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4.. → FB Sunday or FC
2	8. Saturday	
3	2. Saturday	
4	5. Saturday	
5	11. Saturday	
6		

Sunday preliminary heat 1 (H3)		
lane	Crew	
1	15. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4.. → FB Sunday or FC
2	9. Saturday	
3	3. Saturday	
4	4. Saturday	
5	10. Saturday	
6		

Case 6: 16 entries

Saturday preliminary heat (H1)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4. - 6. → FB or FC Saturday
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	
6	Random draw	

Saturday preliminary heat (H2)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4 - 5 → FB or FC Saturday
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	
6		

Saturday preliminary heat (H3)		
lane	Crew	
1	Random draw	1.-2. → FA Saturday 3. → FB Saturday 4. - 5 → FB or FC Saturday
2	Random draw	
3	Random draw	
4	Random draw	
5	Random draw	
6		

Saturday and Sunday finals (Option I)			
Lane	Final A	Final B	Final C
1	2. H1	Lucky Looser 1	15th time
2	2. H2	Lucky Looser 2	13th time
3	1. H1	3. H1	14th time
4	1. H3	3. H3	16th time
5	1. H2	3. H2	
6	2. H3	Lucky Looser 3	



Saturday and Sunday finals (Option II)			
Lane	Final A	Final B	Final C
1	2. H3	Lucky Looser 3	16th time
2	2. H1	Lucky Looser 2	14th time
3	1. H3	3. H3	13th time
4	1. H2	3. H2	15th time
5	1. H1	3. H1	
6	2. H2	Lucky Looser 1	

Sunday preliminary heat 1 (H1)		
lane	Crew	
1	13. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4 - 6 → FB or FC Sunday
2	7. Saturday	
3	1. Saturday	
4	6. Saturday	
5	12. Saturday	
6	16. Saturday	

Sunday preliminary heat 2 (H2)		
lane	Crew	
1	14. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4 - 5 → FB or FC Sunday
2	8. Saturday	
3	2. Saturday	
4	5. Saturday	
5	11. Saturday	
6		

Sunday preliminary heat 3 (H3)		
lane	Crew	
1	15. Saturday	1.-2. → FA Sunday 3. → FB Sunday 4. - 5. → FB or FC Sunday
2	9. Saturday	
3	3. Saturday	
4	4. Saturday	
5	10. Saturday	
6		